

Meet-Up Mamas Presents: Mama & Tots... ready, set, go!
 Thursdays mornings from January 19th- February 23rd, 2012

| Date: | Location: | Topic/Demo: | Other Info: |
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| January 19 th | Aerials Gymnastics- 469 B South Avenue Spruce Grove | 11am-12pm. OPEN gym time and “playschool” program demo- Let’s explore gymnastics... fitness, fun, and confidence! January is “dinosaur” month and teacher Jan will be giving us a great gymnastics demo incorporating dinosaurs. | www.aerialsgymclub.com |
| January 26 th | Dance Soul- 5208-50 St Stony Plain | 10:00-11:00am. Broadway Babies- Erin Stanley will teach a fun-filled 30 minute class that teaches drama, music, and the excitement of dance! We also take a tour of this very child-friendly facility! | www.dancesoul.ca |
| February 2 nd | John Janzen Nature Center- 7000-143 St. Whitemud Drive & Fox Drive Edmonton | 10:00-11:00am. (Stay and play as long as you like!) Things to do: Tegler Discovery Zone, wildlife exhibit, honey beehive, and nature walks (weather-permitting!) Tegler Discovery Zone- an indoor play space that re-creates local wildlife habitat in a way that allows children to learn about nature through play. Mom & Tot Photos- picture day! Each Mom receives a (digital) MOMento photo from Teagan Photography. | www.edmonton.ca/johnjanzen <i>Don't forget SOCKS!</i> www.teaganphotography.com |

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| February 9 th | <p>Spruce Grove Public Library- 35- 5th Avenue Spruce Grove</p> <p><i>Private Program Room</i></p> | <p>10-11:00am.</p> <p>Let's play & READ together- a library tour and a "taste" of the fun library programs.... Baby Laptime (0-2) and Little Explorers (3-6).</p> | <p>www.sgpl.ca</p> |
| February 16 th | <p>Gymboree Play & Music South 3663 99th Street NW. Edmonton</p> | <p>Various time slots from 10am-12pm.</p> <p>Play & Learn demo- moms and tots will participate in a demo class that focuses on development and PLAY... Gymboree style!</p> | <p>www.gymboreeclases.com</p> |
| February 23 rd | <p>Tri-Leisure Center- 221 Jennifer Heil Way Spruce Grove</p> <p>2nd Floor- Central Hall</p> <p><i>The POOL!</i></p> | <p>10-11:30am.</p> <p>10-10:30am- Meet, get wrist bands, and draw for the last door prize!</p> <p>10:45-11:15am- Mom and Tot Swim- pool demo (safety & fun) with a TLC instructor and free swim time to follow!</p> | <p>www.trileisure.com</p> <p>Bring your bathing suits and SWIM DIAPERS!</p> <p>All children 3 and under MUST wear a swim diaper!</p> |

Note: Program is subject to change without notice.